



# The Shepherd



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## CFC Holds Leaders' Assembly

There was a gathering of all CFC servant-leaders last March 12 at the gym of St Francis de Sales parish in Burnaby. In attendance were all household heads and up and ministry heads and coordinators. The theme was: **Jesus, the true North!**

In the national anthem of Canada, we sing the line "true north strong and free." True north is where the compass points to, for the ship to arrive correctly and safely to its destination. As Christians and as CFC, we also have our True North, Jesus Christ! God has a special mission for putting the True North in our land. He wants us to be that compass that will unite and bring Canada back to Him! Based on the 2011 theme, "Put on the Full Armor of God," we use the words of Jesus and events in His life as our strength and inspiration as we do our work of evangelization and family renewal that He has entrusted to us here in Canada.

The event started with the Holy Mass celebrated in the church. YFC AJ Cabaccang led the assembly into a very vibrant opening worship. Danny Felices then gave the first talk – "**Man shall not live on Bread alone**" (Luke 4:1-13). He walked us through the temptations Jesus faced and how He overcame them all. The first temptation deals with the necessities of life, and how the important is often given priority over the essential in life. Our spiritual formation and service in CFC is often put on hold because we tend to rely on our own strength rather than on God. Lina Ople shared with us how they surmounted the difficulties which confronted her and her family through prayers and by answering the call of God through CFC. Danny then led us through a reflection on our susceptibility to temptation and how we should toughen ourselves.

After lunch, the assembly resumed with KFC Justin Ramos leading the afternoon prayers. Talk no. 2 – "**Remove the Stone**" (John 11:39) was preceded by a sharing by Rocky Ysonza on how she faced seemingly desperate health and economic situation for her and her family and how, through the grace of God and by just trusting in His goodness, they overcame their difficulties. Joe Pelingon then talked about the stones in our lives: fear, discouragement, worry, anger, and addiction or attachment to worldly things; and how they burden us and hinders us from fully giving our lives to Him. He told us that Jesus has given us His full armor, and that we are to make use of it fully in order to rid ourselves of the stones that are weighing us down in our lives. He then led us to prayer and a reflection on what stones burden us and how we should cast them off.

After a brief break, Jimmy Dimaculangan walked us through the Transfiguration (Luke 9:34) in the last talk – "**This is my Beloved Son, Listen to Him.**" This event gives us a glimpse of heaven, our ultimate destination. While the full armor of God protects us from the enemy, these offensive weapons allow us to attack and win battles for Him: commitment to Christ's cause, zeal in witnessing for Him, and the Word of God as our spiritual sword. The final message of the Transfiguration is "Listen to Him." We must pray and listen to Him. He wants to empower us to build the human railway which will unite Canada to become the True North.

Jimmy then led us through prayer and Nick Borja continued with a prayer of empowerment for all the leaders present, sending us off with the mandate to bring more families closer to God. Gelo Saludo with the very vibrant and inspiring Music Ministry then led the community through an inspired Praisefest.



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Archdiocese of Vancouver  
ARCHBISHOP'S OFFICE

February 4, 2011

Mr. Jose S. Yamamoto, M.D.  
President and Executive Director  
Couples for Christ  
349 Ortigas Avenue, Greenhills East  
1554 Mandaluyong City  
Philippines

Dear Jose:

Thank you for the meeting in Manila on January 25, 2011 and for sharing with me the fruitful work being done by Couples for Christ around the world. It was a wonderful opportunity for me to discuss the work of the movement in Archdiocese of Vancouver and express my admiration. Your living and witnessing to the Catholic faith among the couples, youth and others is very inspirational.

May God continue to bless the work you do with Couples for Christ!

With cordial best wishes and the assurance of my prayers, I am

Sincerely yours in Christ,

✠ J. Michael Miller, CSB  
Archbishop of Vancouver

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### “We are More than Conquerors” – YFC Canada



The weekend February 18-20, 2011 defined YFC Canada in the next three (3) years. It was the YFC National Leaders' Summit held in Winnipeg, Manitoba. It was attended by YFC leaders and couple coordinators that total to 108 delegates across Canada. The event was also graced by the presence of Erin Kinsella the Director of the Youth Office from the Archdiocese of Winnipeg.

The summit was entitled “More than Conquerors” from the bible verse Joshua 1:9 “Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.” The goal of the summit is to gather all the YFC leaders across Canada, to share the direction of YFC Canada in the next three (3) years, and for YFC Canada to move in one direction.

The event started with the first session “The Legacy” delivered as a talk-show of God's victories in YFC Canada and was given by John Acosta. The next day, the second session talks about “Anointed Leadership” given by Candy Subang followed by the pre-workshop orientation given by the YFC National Chairman, Tito George Fournier and program sharing. In the afternoon that followed, it was spent on planning the responses of each area per direction. The three directions of YFC Canada are: Full-scale Advocacies; Full-blast in Evangelization, and Full-fledge Missionaries. The evening session then started with the anticipated mass celebrated by Fr. Martin Bradbury, Holy Cross Parish Priest. This was followed by the third session “Into your Hands” given by Vince Gomba. The fourth session, “More than Conquerors” was given by Gelo Saludo with a closing activity of Adoration to the Holy Eucharist followed by a powerful praisefest led by Jason Diala, YFC Area Head of Calgary.

The entire event was a success. It has been three (3) years since the last NLS and this one was really what YFC Canada needed. This sets the direction where each area will be going and hope to achieve after three years. As Canada's National Anthem states that it is the “True North,” YFC Canada also believes that God is the True North. YFC Canada therefore is reclaiming the nation for God.



It's truly amazing when God calls you to do his work. He scares you, humbles you and then empowers you. That's exactly how I felt during the SFC ICON in Camarines Sur. Who would have thought, out of all people, I'd be chosen to make a stand in attesting my faith in front of 6500 SFC! Coming into the conference, speaking like that in front of so many was definitely the furthest thing from my mind. It left me feeling vulnerable resulting in questioning myself whether what I said was significant enough to be heard. It's funny how much you end up relying on God during these times of panic. And maybe, that's all he wanted from me at the moment – to rely on him wholeheartedly!

Before the actual conference, I was fortunate enough to attend the SFC Pre-ICON at Mount Carmel Parish. It was an exciting two days that consisted of some servant evangelism, some volunteer work and lots of fellowship! The first day of Pre-ICON was spent running around Naga City. I was completely disoriented and found it pretty amusing how I got from place to place via the *tricycle*. We were divided up into groups that had a specific task in doing service work. My group ended up doing some cleaning at the central park. The people working there didn't seem to mind us taking over their job for a bit. In fact, one worker was even an inactive SFC member for 5 years. He felt neglected the last couple of years but decided to come back in the community simply because one member of our group invited him. He claimed afterwards that it must have been a sign from God - and it definitely was!

My group also had another opportunity in serving the poor. On the second day we went to GK Del Rosario where both the Sibol and Sagip School was located. Over 40 children came running towards our *jeepney* the moment we arrived. Children ranging from 3 to 9 years of age were eagerly waiting in anticipation as to what we had in store for them that afternoon. A bit overwhelmed by the amount of kids, it was intimidating to see how disciplined they were. Our team was a bit nervous, but there's nothing like singing “Making Melodies” to break the ice! By the end of the afternoon, everyone was running around playing games and forming friendships that will never be forgotten. Their laughter was contagious, their smile genuine. The children taught us that it's easier to find happiness, if we are grateful for our blessings. And they were the leading examples in that!

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By Maurice Lavoie

My wife Cathy and I started attending St Mary's Church some months ago and noticed a poster advertising the Christian Life Program in front of the Church. After talking about the program, we decided that we'd like to see what it was all about. We are delighted that we took the steps to attend.

I mentioned to some of those in attendance that hearing the material discussed in the talks was a rejuvenating experience for me as there was clear reinforcement of our Catholic faith along with the teachings of Christ. There was particular value in becoming more aware of how the secular world had impacted me as to who I was and the talks gave me the inspiration in many ways to look deeper into my being and determine that God has called me to make changes in my life, further changes than those already made. Closer review of some of the material led me to become excited about what the program was designed to achieve and how the evangelization put into motion would be of great benefit if more would attend. There are basics associated with the teachings of Christ that have become vague and clouded in the secular world which could be due to materialism and all the evils that are associated with the secular world.

Cathy and I are also delighted that our children were permitted to attend with us making the experience a family experience that may endure as time progresses and our attendance increases. This is a wonderful opportunity for families to reinforce their beliefs with faith-based activities including the charismatic aspects of what Couples for Christ has incorporated into the Christian Life Program. The program and the CFC movement are attractive which is what we believe could make them successful as evangelization continues.

After considering the Couples for Christ movement further and in reading what was involved in the daily life of a member of the community, Cathy and I decided to join Couples for Christ and this has already proven to have been a wonderful choice as our marriage has strengthened in many ways. When Cathy and I think about the futures of our children we are sincerely grateful that CFC and its associated ministries exist.

We would stress these points to anyone to consider attending the Christian Life Program. The CLP is a wonderful opportunity to continue in the exploration of strengthening ones relationship with God. I felt that it is important that the message and the movement reach many more.

By Bro. Andy & Sis. Cheng

AP: I am Bro. Andy and with me is my beautiful better half for 13 years, Sis. Cheng. We are blessed with 3 wonderful children, Danielle who is 12 y/o, Timothy 9 y/o of age and Aidan who is 6 y/o. As young couple, we argue most of the time in small things. We attend mass, but it seems to us it is just an obligation.. We lived our religious life like a routine and not really connected to God. We don't even take a moment to pray and even read the bible until one day in September of 2008.

CP: My husband told me that one of his friends that he used to play basketball with, asked him to attend the Couples for Christ's Christian Life Program or CLP. I was surprised that the initiative from my husband to join a charismatic community came from him. I knew at first that he only wanted to join Couples for Christ because he was looking forward to play in CFC Brotherhood Basketball Tournament but in the end, it made him to be committed to finish the CLP and actively serve the community.



AP: As we were undergoing the Christian Life Program, we can see positive changes in ourselves. Every session of the CLP, we were provided with some kind of a "homework" I may say. This is to read the scriptures everyday related to the talk. We started reading the Bible that was in the book shelves for a long time. Reading the bible, has opened our hearts to our Lord and felt that we have a personal relationship with Him. The Christian Life Program has transformed our lives and enlightened our mind how God loves us and how we can of service to others.

Now we go to mass with an attitude of prayer and thanksgiving, and we can tell that we reap great spiritual riches like consolation, confidence, peace, deep happiness and most especially spiritual strength for the challenges of life.

We saw the importance of praying together as a family, it is a great joy as parents to see our young children understand the importance of prayer. Most of the time when we pray the Grace Before Meals, one of us wants to give our gratitude to the Lord for the things happened for that day as a family praying together. On our trip to Jollibee at Tukwila, WA last January, being in the long drive and so hungry and just about to grab and eat Chicken Joy, Aidan (our youngest kid) halt us, saying "Daddy pray first".

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We felt joy in our hearts when you see how God touched our kids too.

CP: Living in this modern world, there are so many bad things that surrounds us, our sins and shortcomings like ARGUMENT BETWEEN EACH OTHER that no one will let go and break his or my pride, GOSSIPING or MONGERING, CHARACTER ASSASSINATION & TEMPTATIONS to LUST over LOVE and at times leaning on more on the materialism life has to offer and putting our spirituality at bay with a lukewarm attitude but with the help of the community, its enlightened and opened our minds that we have to draw back our attention to GOD and seek first his kingdom.

I may say that when we joined Couples for Christ it enables us to put God in the center of our life and marriage and it still work in progress with the help from our brothers and sisters as we journey in FAITH to know him more and live his words.

When having financial struggles, Andy will say "Everything will be fine, don't worry, GOD is with us, Let us do our part. He will provide and He will make a way." It really amazed me that my husband said these words and really felt his strong faith with Him. He was transformed after joining CFC. Before, he tends to argue with me on a lot of things but now he is able to appreciate even little things and triumphs in our lives. I can see he has more patience and calmness in every situation.

For my personal experience, after joining CFC, there are so many times that I ask myself "Is this me" ("Ako ba ito?"). Sometimes we tend to ask ourselves when we seeing ourselves doing things that we not used to do.

Before, as Andy said, our Bible is shelved for a long time and all pages are seems new. Now, I see to it that I read the Bible before going to bed. When reading the bible, there's always passage that strikes my heart. I felt empty once I missed it.

Before, I used to listen to latest pop songs but now I love listening and singing "Praise and Worship" song.

Before, we used to go out with friends and spend night talking to them of everything under the sun, But now, I am more excited going to Household meeting where we pray as a group, we shared our experiences to one another how God touched our lives and most especially we developed true friendship with our brothers and sisters.

We are also pleased that the community leaders are very persistent and active in service to our Lord. They gave us an opportunity to serve God and share with others His love and blessings.

We are very grateful that we had joined this community, for any trials coming in our lives, we are always glad that we are sharing Christ's sufferings for us to be full of joy when his glory is revealed.

AP: Brothers and Sisters, as we end our sharing here, allow us to leave a scripture from Mark 11:22-25

Let us be steadfast and grow our Christian Faith together and always be very thankful because we believe in doing so as we will grow in grace with Him. May we continue to reach out for others with care through the grace of our Lord Jesus Christ.

THANK YOU and MAY GOD BE PRAISED!!!

### SFC Pre-ICON



The Pre-ICON was definitely a good way to start the conference. It allowed me to be open to whatever message God wanted me to hear for that weekend. Standing up for our faith is challenging and acting up on it is even harder. On that Saturday evening, with a nervous but clear voice, my boyfriend and I asked my fellow brothers and sisters, whether single or in a relationship, to stand with us and choose a life of chastity. To choose a life that God would want us to. As I looked out into the crowd, I was in awe at what I saw. There, everyone around me was making their own claim, their own stand, and attesting to their own individual struggle as Christian. It was inspiring and humbling to see 6500 people with one voice stand up for God. We are never alone with our struggles. We are also never alone in doing his work. And that's the main message I got out from this conference.



## WHAT A DAY!

*By Amel Nario*

Vancouver chapter I headed by Bro. Noel and Sis. Marie Armea had a family-fun day on October 3, Sunday, 2010 at St. Andrews Parish gym. It was an adrenaline-filled day the members of this chapter. Thanks for the concerted efforts, cooperation, as well as inputs and suggestions of unit heads to make this event a successful one.

There were some concerns brought out during the planning session, as to whether families would prefer to spend quality time with their children on their own and for this reason they might not appear on that day. Another concern was the ever-changing weather that would compel them to just coil in bed in their homes.

With fervent prayers and trusting God's goodness we claimed that everything planned would be for HIS GREATER GLORY.

True enough, by God's grace, we were blessed with good weather, and to our great surprise, families came one after the other with babies in strollers, toddlers and kids in tow. We can't thank God enough for this blessing.

The day started with an opening prayer and worship by Bro. Edwin Sangalang. This was followed by short calisthenics and stretching to condition minds and bodies for the games. Let the games begin, as Bro. Randy and Sis Fe Cortez called out teams of families to compete with each other in PATINTERO GAME, young and old included. Moms and Dads trying to prove to the young ones that they can still run and jump. After which, some were catching their breath and complaining of joint pains. How funny, isn't it? The basketball shooting for parents and YFC kids, one on one, was exciting. As expected, the brothers did so well. Surprisingly, and not to be outdone, the sisters showed their skills in shooting to the delight of their husbands. It was indeed a revelation for the sisters!

The kids participated on the egg-passing relay and balloon-bursting contest. Amidst the cheering of their moms and dads, the kids tried their very best to get the prizes prepared for them. Kids activity was highlighted by the PABITIN where goodies and toys were tied and hanged. Parents can only watch in awe as their children scrambled for the goodies when the PABITIN was finally lowered.

When the games were over, everybody feasted to a simple snack of spaghetti that comes in different flavours, like jollibee style, Italian and with alfredo sauce. Loaves of bread, courtesy of bro. Danny and Sis. Virgie Terrado, converted into sandwiches, matched the noodles. Almost everybody had the snacks TO GO afterwards.

Everyone wants the event extended to a much longer time and we could have done more games too, but our time was limited. Another group was scheduled to use the gym. Next time, God willing this could be done on a whole day affair.

A closing prayer, thanking God firstly for removing the obstacles and hindrances that could have prevented this wonderful fun day to happen, capped the day. Gratitude is in place to all the members, without their presence, this day wouldn't be an enjoyable one. Thank you for the inspiring and "infectious" leadership of Bro. Noel and Sis Marie who are always fired up with energy and enthusiasm in their service to the community. Not to be forgotten are the unit heads, Bro. Senen and Virgie Basbas, Bro. Robert and Sis Nanette Agonias, Bro. Danny and Sis Eden Raymundo, Bro. Randy and Sis Fe Cortez, Bro. Edwin and Sis. Ylen Sangalang, Bro. Rommel and Cecile Costorio (who just received another gift from God, a baby girl.) Household head Bro. Glen and Sis Liv Abad and the rest of the household heads who also did a wonderful job bringing their members to this event. Overall, it was a day full of fun, laughter, excitement and camaraderie. It really showed the spirit of coming together and a total of everybody's effort.

We are looking forward to the next family-fun day soon!

PRAISE GOD, HALLELLUYAH

## 13th CFC-Kids For Christ International Village - Singapore

By Darwin

During the 3 days conference in Singapore, I have met many Kids for Christ members from different areas around the world such as Africa, the United Kingdom, Middle East, and other places including the Philippines. Thanks to all of you I received a great Christmas gift. I have made new friends, and found a new perspective of how to become a  
w o r l d   c h a n g e r

We won the 3rd place in the banner competition and I believe it came from our message on it. Instead of trying to fight a wave of corruption alone, together we can entirely change the wave for the better using God's Word, Love and Mercy. As the conference came near to the end we were all given as kids' ambassadors two letters to preach back in our respective homeland, "WC". The first meaning of WC is "With Christ." With Christ anything is possible, we are nothing without God. The next saying is "We Can." And final meaning is "World Changers." Together that states "With Christ, We can



be, World Changers."The saying is true that anyone can change the world, but to do so we need God to be at the center of it all. These kids from all over the world had different stories and perspectives but had one mission. To not only learn about the theme of World Changers but to take everything to heart and echo it back to friends, family and especially to young children. With what I have learned I now know that our young are not the generation of tomorrow, but they are the generation of today. What a big difference it would make if each person or family promotes this message of stewardship to another being.

In all my years I have never seen so many kids take a stand and pledge to promote this message of stewardship. I hope you really understand what a difference you made and I also hope this inspires YOU to take action in the big and the little things that will renew the face of the earth. Once again from the bottom of my heart I like to thank you for your financial and spiritual support. God Bless!

## Couples For Christ Evangelization Rally *by Rosette Correa*

The Couples for Christ community recently held an Evangelization Rally at St. Mary's School Gym. This event is done in conjunction with the CFC's "consecration" of the community to the Blessed Mother. Archbishop Michael Miller, celebrated the Holy Mass that kicked off the rally, together with Reverend Father Glenn Dionn, the CFC spiritual director, and St. Mary's Parish priest, Fr. Pierre Leblond, OP. Over three hundred CFC members and their families joined the event that packed the St. Mary's gym

"This rally is to re-commit ourselves and be re-energized for the new year of service to our Lord," says Sector Leader Jimmy Arzadon. "It symbolizes our devotion to our Lord's call to His followers."



*Pat Gillespie taking a picture of part of the crowd at the CFC Evangelization Rally*

"Our work in Couples for Christ and its Family Ministries is our way of responding to The 'Great Commission' on Matthew 28:19 'Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit'. Arzadon adds that CFC's vision of "Families in the Holy Spirit renewing the face of the earth" and their mission of "Building the Church of the Home and the Church of the Poor" is their way of fulfilling this mandate; thus the Evangelization Rally is a yearly event that starts off all the activities of CFC and all its ministries. Arzadon also emphasizes that the CFC is a parish-based community. It works with the parishes in its evangelization activities and encourages members to serve in their respective parishes. It mobilizes its members to support the causes sponsored by the archdiocese.

The Archdiocese of Vancouver through Pat Gillespie, Director of the Office of Evangelization, gave a keynote speech on how parish communities can work together to work as evangelizers for the Church. He says that the evangelical work of the Archdioceses stems from the synod. "Gathering together can bring an enthusiasm and zeal for evangelization, which was exactly one of the hopes that came out of the Archdiocesan Synod. There has been a growing culture of evangelization in the archdiocese and rallies such as this past one really give a boost to this growth."

He was so amazed at the turn-out of CFC members for the rally that he took pictures of the crowd before his talk. In his talk, he told the crowd the essentials of evangelical work, and how this work is one that is a collaborative effort of parish communities. "My hope is that we will encounter Christ more intimately and that we will help others encounter Him, either for the first time, or anew, or in a deeper way." He adds that Couples for Christ does a great job of encouraging each brother and sister to authentically and naturally bring the faith to their life; and in particular by beginning in our families. "Evangelization is for people like you and me; that is, for all of us. I am grateful for the ministry of Couples for Christ and their love of Christ, it is very evident; they inspire and encourage me. It was an honour to participate and witness a community of joy and abundant life."

The theme for evangelization for CFC for the year 2011 is "Putting on the Full Armor of God" which is drawn from Ephesians 6:10-17. The CFC community has activities lined up for the year, including a CFC Western Conference in Whistler this May.



## DEEPENING OUR PRAYER LIFE

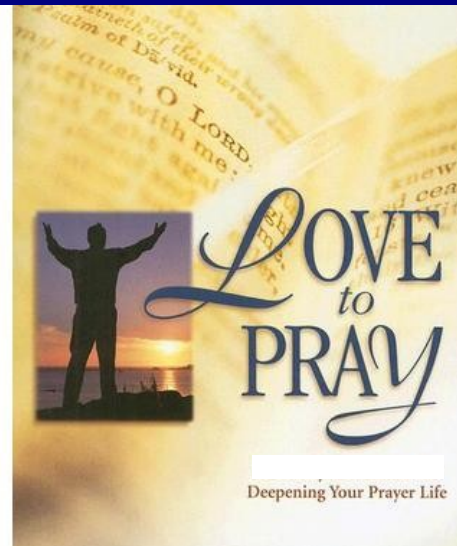
By Elmer and Dang Tangco

On October 2010, CFC Vancouver Leaders attended a Deepening our Prayer Life Retreat at IC Delta. Our retreat masters were the lovely and passionate couple – Bro Roquel and Sis Nina Ponte. The retreat was centered on deepening our knowledge of God and Self. Coming into this retreat caused us to reflect on a few things. For one, exactly 5 years ago in October 2005, we underwent the first Spiritual Deepening Retreat. It was conducted in the same venue and led by the same retreat masters. And we pondered and asked ourselves – 5 years ago, we began the journey from the mind to the heart - a journey of getting intimate with God through worship and scripture. Yes, we learned that the longest journey in life is from the mind to the heart.

We have all tried to seek Him in different ways, most of them from the outside – our family, our community, our church, etc., only to realize that it is a mistake to spend a lifetime seeking what is already within – that God is not just found on the outside, but rather deep within our hearts. And deep within our hearts, we will also find that God created us for His glory, and we are all called to praise and worship Him. Worship raises intimacy with God and intimacy creates influence – and influence creates favours. No wonder, we are all so blessed! It has been 5 years, we have grown, we have changed, and we became better – or not? We asked ourselves – did we become better people? Were we beautiful people? Were we blessed? Were we called? Where did we fall short? We realized that it was only the beginning – and the journey continues.

Deepening our prayer life allowed us to learn new things – tragedies in life did not come from closed doors that we failed to open, but rather the closed doors we failed to open and enter. Remember the first time we were invited to the Christian Life Program? Remember how we opened the door to a new life in community and experiencing God – an experience we could have passed, had we not opened the door and entered. Now here we are, many of us with a number of years in the community. We are already deep in understanding our relationship with our God. So what do we do next? We go deeper – deeper in our knowledge of God, and deeper in our knowledge of our self. The retreat also allowed us to learn discursive prayer - the form of prayer in which the reflections of the mind are more active than the affections of the will. It is called discursive because discursion is the act of the mind that proceeds from one truth to the knowledge of another truth. Here we learned God's personal message to each one of us.

We then went on to God's invitation – coming apart and rest awhile. Here we reflected and meditated on Scripture. Then we went on going into the deep – contemplation. Here we went into a dialogue with God, and configuration – as we went deeper with Him,



He increases in our life, and we diminish. We learned to pray, not only asking God that we may be like Him, but also asking Him to be alive in us. We were also encouraged to start journaling. Journaling keeps us in the present moment, attentive to what the Lord is saying to us, and helps us remember our interaction with God during our prayer times. The second day of the retreat was even more enlightening – deepening our knowledge of our self. We did our own life-scripts and discovered blocks to our spiritual maturity. We looked into the consequences of sin in our life and did an honest evaluation of self (this was a revelation in itself). We also learned the practice of God's presence by St. Theresa of Jesus and St. John of the Cross – the realities of God's presence in our lives – His power, control, domination, and authority. We learned that we should fix our eyes on Jesus in the Gospels, fill our minds with Jesus's life and values, imitate Him in everything, and conform our lives to His life. We then cried out the call to freedom – free to obey God's righteousness, free to accept our limitations, free to see our gifts, rejoice in our gifts, and use our gifts to serve God, free to rejoice in the gifts of others, and the freedom to allow God to do with us as He wills.

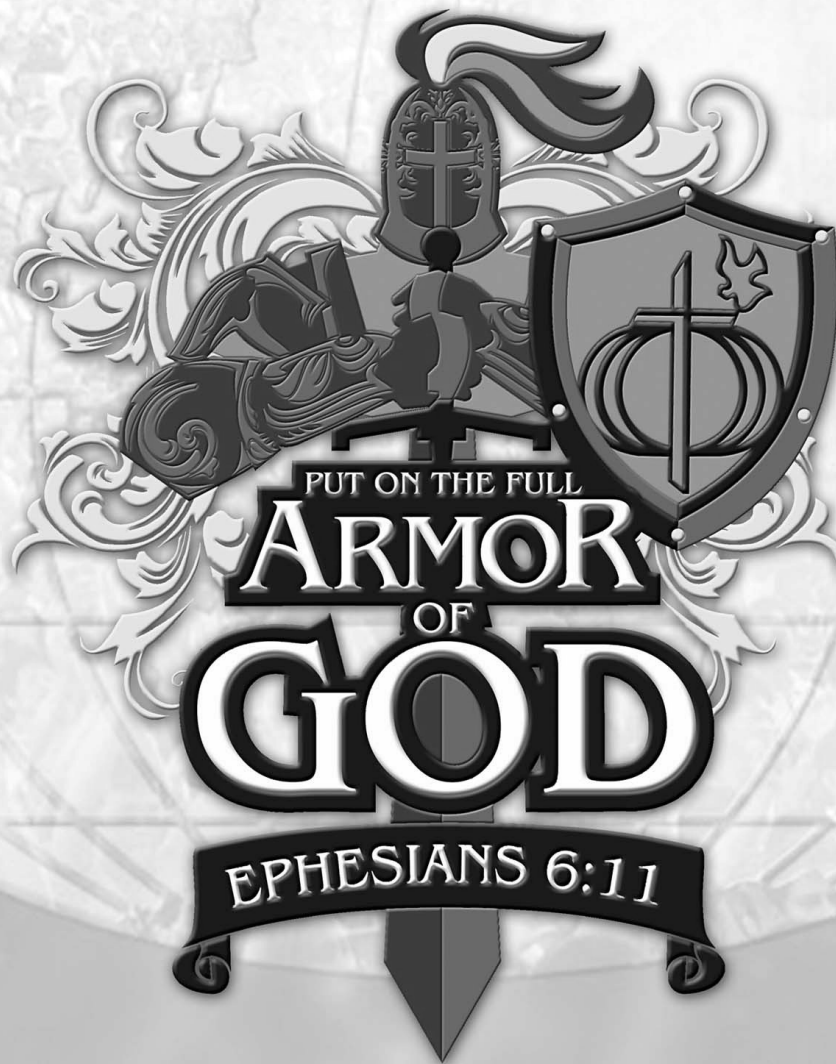
We closed the retreat with resolution and commitment, and a prayer for empowerment. As we enter the New Year, we are again reminded of this journey – a journey that started in the manger, looking back at the history of our salvation through Jesus Christ. The New Year also saw the Celebration of the Solemnity of Mary, Mother of God, and 44th World Day of Peace – a day of Religious Freedom. This year, CFC and its Family Ministries also launched our theme for 2011 around Ephesians 6:11 – Putting the Full Armour of God. There is no better time than NOW to protect our faith and freedom. Over the years, we have been inside our comfort zones, became less vigilant, grown complacent, and we have been riding on our past successes.

In the midst of all of this, we have found so much love within us, so many blessings abound, our faith anchored – and it is now, more than ever, appropriate to give ourselves back to Him. Let us cloth ourselves with prayer, submitting our hearts in reverent submission to Him, receiving His full direction in our lives. May God Be Praised!

**2011 CFC WESTERN CANADA CONFERENCE**  
**and CFC KFC WESTERN CANADA KIDS VILLAGE**  
May 13, 14 and 15  
WHISTLER British Columbia



**"FAMILIES IN THE HOLY SPIRIT RENEWING THE FACE OF THE EARTH"**  
BUILDING THE CHURCH OF THE HOME BUILDING THE CHURCH OF THE POOR



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